Journal #1

1. What are the strengths that you bring to your new co-op placement? (Think about the attitudes, skills and knowledge that you have acquired in school or at another work place.)

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2. What is your “dream career”? How can you use your strengths in that career?

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3. What do you think are the duties that someone in this career would perform?

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4. What do you think would be the satisfaction of this career?

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5. What skills and training do you think you need to pursue this career?

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